

## HOW TO MEASURE



### WAIST

Measure around the waist, above the belly button along the slimmest part; without tightening the measuring tape

### BUST

Place the measuring tape under your arms, around your bustline along the fullest part.

### HIPS

Standing with your feet together, measure along the fullest part of your hips

## **MEASURING GUIDE**

- Tops •Tees •Shirts •Sweaters• Pullovers
- Cardigans •Sweatshirts
- \*body measurements in INCHES

UK	EU	FIT TO BUST	SHOULDERS
XS	34	31-32	14-14.5
S	36	33-34	14.5-15
M	38	35-36	15-15.5
L	40	37-38	15.5-16
XL	42	39-40	16-16.5
XXL	44	41-42	16.5-17

## **MEASURING GUIDE**

- Jumpsuits • Dresses • Tunics
- \*body measurements in INCHES

UK	EU	FIT TO BUST	SHOULDERS	FIT TO WAIST	HIPS
XS	34	31-32	14-14.5	24-25	34.5-35.5
S	36	33-34	14.5-15	26-27	36.5-37.5
M	38	35-36	15-15.5	28-29	38.5-39.5
L	40	37-38	15.5-16	30-31	40.5-41.5
XL	42	39-40	16.5-17	32-33	42.5-43.5
XXL	44	41-42	17.5-18	34-35	44.5-45.5

## **MEASURING GUIDE**

- Capris • Pants • Leggings • Joggers • Dungarees • Jeans
- Culottes • Trousers • Shorts • Skirts

\*body measurements in INCHES

JEANS SIZE	UK	FIT TO WAIST	FIT TO HIPS
24	XXS	24	34.5
25	XS	24-25	34.5-35.5
26	XS/S	25-26	34.5-35.5
27	S	26-27	36.5-37.5
28	S/M	27-28	36.5-37.5
29	M	28-29	38.5-39.5
30	M/L	29-30	38.5-39.5
31	L	30-31	40.5-41.5
32	L/XL	31-32	40.5-41.5
33	XL	32-33	42.5-44
34	XL/XXL	33-34	42.5-44
35	XXL	34-35	44.5-46

## **MEASURING GUIDE**

- Belts

\*body measurements in INCHES

JEANS/ PANTS SIZE	EU	BELT SIZE (IN CMS)
25- 27	XS	80
28-29	S	85
30-32	L	90
33-34	XL	95

## **MEASURING GUIDE**

- Footwear

UK	EU	US
2	35	4
3	36	5
4	37	6
5	38	7
6	39	8
7	40	9
8	41	10